

You are cordially invited to a seminar
for policymakers and practitioners

Promoting Well-being in Ageing: the Role of Music

A presentation of research findings and discussion of ways
to develop opportunities for active music making
for older people in local communities

Wednesday 22 February 2012
10 am – 12 pm

Clarke Hall, Institute of Education
20 Bedford Way, London WC1H 0AL

There is a growing body of research which shows that active music making can make a significant contribution to the quality of life amongst older people. The recently completed 'Music for Life project: The role of participation in community music activities in promoting social engagement and well-being in older people' showed that:

- there were significant social, cognitive, emotional and health benefits of active participation in making music;
- measures of well-being were consistently higher amongst music participants than comparison groups;
- some barriers to participation were identified relating to access to information, structural, dispositional and social issues; and
- facilitators of musical activities with older people played a key role in fostering positive outcomes.

'The Importance of Music – A National Plan for Music Education', launched by the coalition government in November, set out an inspirational plan for music education for young people based on music education hubs. This seminar will provide an opportunity for participants to discuss whether and how it might be possible to extend the work of the hubs to include opportunities for active engagement with music throughout the life span, with all of the benefits that this can bring.

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PROGRAMME

9.30	Registration and coffee
10.00	Welcome to the Institute of Education <i>Professor Chris Husbands, Director</i>
10.05	Opening remarks by the Chair <i>Professor Alan Walker, Director of the UK New Dynamics of Ageing research programme</i>
10.10	Presentation of the research findings <i>Professor Susan Hallam and Dr Andrea Creech, IOE</i>
10.40	Break-out discussion groups: Implications for policy and practice
11.20	Plenary: Key messages, action points
11.50	Closing remarks

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